



Parent Kamp Guide

The more you know!



TABLE OF CONTENTS

03-05

Introduction and Welcome

06

Who's Who

07

Mock Schedule

08

Teams

09

Team Captains

10-11

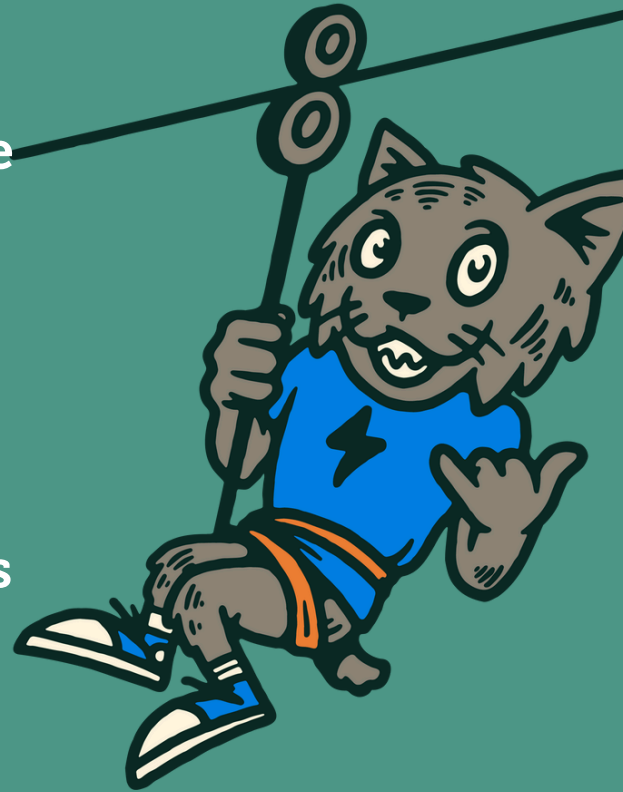
Kamp Life

12

Packing List

13

Our Promise



INTRO DUCTION



WELCOME to Como Kidz Kamp — an unforgettable adventure for your child! Get ready for a summer bursting with laughter, fun, and faith! Our kamp offers thrilling activities, creative arts and crafts, friendly competitions, and worship, all in a safe and supportive environment. Whether it's their first time or they're back with friends, Kamp becomes their special retreat.

What makes Como Kidz Kamp unique? Christ is at the heart of everything we do! Each day starts with morning devotionals, helping kampers discover God's love and their purpose. Our awesome high school Team Captains lead by example, creating an inspiring atmosphere of encouragement and growth.

At Como Kidz Kamp, every child shines! With new friendships and joyful experiences, we create lasting memories and real transformation. When you send your child to Kamp, you're not just giving them a fun getaway — you're providing a foundation that will impact their hearts for years to come. Let the adventure begin!



2025 Como Kidz Kamp Theme:

Run 2 Win

Philippians 3:14

So I run straight toward the goal
in order to win the prize, which
is God's call through Christ
Jesus to the life above.



KAMP LIFE



Zipline



G.A.M.E Time
God And Me Engaged



Swimming



Kamp Fire



WHO'S WHO?

Kamp Director

Oversee's all of Kamp, ensuring a smooth and Christ-centered experience for all participants

Kamp Pastor

Provides spiritual leadership, delivers messages, and guides kampers in their faith journey at kamp

TC Coordinator

Oversees team captains, preparing and assisting them in their duties throughout Kamp

Kamp Coordinator

Responsible for organizing and overseeing all aspects of Kamp operations

Nurse

Provides medical care and handles all kamper medications and health concerns

Recreation Lead

Oversees all Kamp recreational activities, ensuring safety and fun

Music Lead

Guides kampers in music-related activities, worship, and performances

Arts & Crafts Teacher

Facilitates creative activities and hands-on projects for kampers

Teacher

Leads biblical lessons, teaching kampers the Word of God

Adult Counselor

Assists with Kamp operations, providing support and guidance to kampers

Team Captain

Youth counselors (ages 14-18) who are with kampers 24/7, serving as role models and mentors, fostering a big-brother, big-sister relationship with them



MOCK SCHEDULE

Check-in @CFMBC

8:00 a.m.

Breakfast

8:00 a.m. - 9:00 a.m.

Kamp Rally

9:15 a.m. - 10:00 a.m.

G.A.M.E. Time (Bible lesson)

10:00 a.m. - 10:30 a.m.

Huddle Time (Breakout sessions)

10:35 a.m. - 11:05 a.m.

Departure for Kamp

11:15 a.m.

Travel Time

11:15 a.m. - 1:15 p.m.

LUNCH/Arts & Crafts (Scenic stop)

1:15 p.m. - 2:30 p.m.

Travel Time

2:30 p.m. - 4:00 p.m.

ARRIVAL AT KAMP!!

4:00 p.m.





TEAMS



The Value of TEAMS

TEAMS enhance Kamp by fostering community, friendship, and confidence. Through chants, challenges, and shared goals, kids develop a sense of belonging and identity, bond with peers, support one another, and learn sportsmanship.



New Team Selection Process

This year, a new selection system for first-year campers will be introduced. During the Kamp Rally on Day 1, new campers will be randomly assigned to one of four teams via a fun stage presentation. Their names will be displayed on a screen, and current team members will cheer as they come down and join their new team. Once assigned, campers will stay on the same team for future years, fostering deeper connections and team pride.



TEAM CAPTAIN

Who are Team Captains?

Team Captains are selected high school students (grades 9-12) who act as youth leaders during the Kamp experience. They possess leadership qualities and positive attitudes, helping to create a welcoming, safe environment for kampers to grow, have fun, and feel supported.

What do Team Captains do?

Team Captains support staff by leading activities, encouraging kampers during competitions, and aiding daily routines. They build relationships, motivate kids, and set a positive tone with their energy. Most importantly, they exemplify Christ-like character, guiding kampers with love, patience, and encouragement.



KAMP 101



Meals

- Breakfast, Lunch, and Dinner will be provided on Days 1-3.
- Breakfast and Lunch will be provided on Day 4.

Activities

- No one is allowed at any activity (canoes, archery, zip-line, swimming, etc.) without CKK Staff supervision.
- All recreational and free activities must be supervised by a Team Captain or an Adult CKK staff member.





Swimming & Water Activities

- ALL CKK staff must supervise any water-related activities, along with Campsite Staff.
- Life jackets must be worn for any lake activities.
- A swim test will be administered for any pool area deeper than five feet.
- Female Swimsuit Policy: One-piece swimsuits are required. Two-piece swimsuits may be worn only if covered by a non-see-through t-shirt.
- Male Swimsuit Policy: Swim trunks must be longer than fingertip length.





PACKING LIST

Clothes

- ☐ 5 T-Shirts (yellow, green, black, white, and red)
- ☐ 5 Shorts (no leggings or spandex)
- ☐ 5 Sets of Undergarments
- ☐ 1 blank white T shirt (arts & crafts)
- ☐ Pajamas
- ☐ Swimsuit (no 2-piece swimwear)
- ☐ Swim Trunks (must be fingertip length)
- ☐ Socks
- ☐ Tennis Shoes (no open-toed shoes!)

Optional

- ☐ Talent Show Apparel

Notes:

PLEASE PACK ALL ITEMS IN ONE (1) LARGE DUFFLE BAG!!!

Toiletries

- ☐ Toothpaste
- ☐ Toothbrush
- ☐ Deodorant
- ☐ Lotion
- ☐ Body Wash/Soap
- ☐ Sunscreen
- ☐ Mouthwash
- ☐ Comb/Brush
- ☐ Shower Shoes

Other

- ☐ Sleeping Bag
- ☐ Twin Fitted Sheet
- ☐ 2 Towels
- ☐ 2 Washclothes
- ☐ Pillow
- ☐ Small Backpack
- ☐ Favorite Snack
- ☐ Insect Repellent
- ☐ Journal
- ☐ Flashlight
- ☐ **BIBLE**

Things to Leave at Home:

Cell Phone, Hair Accessories, Money, Electronic Devices, and Other Valuables

Please note that if you allow your kamper to bring these items along, it is your kamper's sole responsibility to get them back home.



OUR PROMISE

Dear Parents,

Thank you for trusting us with one of the most important parts of your life—your child. It's an honor and a joy to welcome them into the Como Kidz Kamp family, and we don't take that responsibility lightly.

Our promise to you is simple:
We will care for your child as if they were our own. We will keep them safe, surround them with encouragement, and create a space where they can grow in faith, friendship, and fun.

Our team is committed to leading with integrity, serving with love, and always putting your child's well-being first. From the moment they arrive to the moment they head home, we'll be cheering them on, watching over them, and praying for them.

Thank you for allowing us to be part of their story.
We can't wait for the incredible memories ahead.

With gratitude,
The Como Kidz Kamp Team

